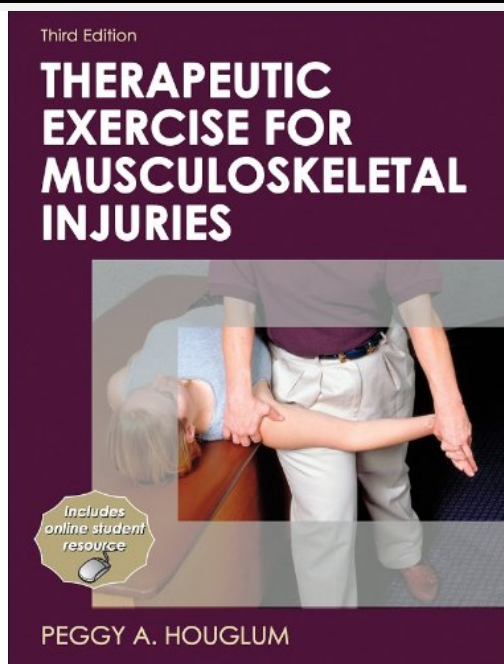

PDF Books Therapeutic Exercise for Musculoskeletal Injuries (Athletic Training Education) - PDF books



Book detail

- Title : PDF Books Therapeutic Exercise for Musculoskeletal Injuries (Athletic Training Education) - PDF books
- isbn : 073607595X



Book Synopsis

The third edition of *Therapeutic Exercise for Musculoskeletal Injuries* is the most comprehensive text available for understanding and applying therapeutic exercise techniques. Thoroughly updated, this major resource contains an extensive explanation of the science and application involved in developing safe therapeutic programs for the general population as well as individualized programs for specific clientele. With content specifically aligned with the National Athletic Trainers' Association (NATA) accreditation standards, *Therapeutic Exercise for Musculoskeletal Injuries* is a key text for students preparing for the athletic trainers' Board of Certification exam. In the text, respected clinician Peggy Houglum presents the most current evidence-based information regarding therapeutic exercise techniques. This information and Houglum's knowledge gained from nearly 40 years of experience working in athletic training facilities, orthopedic physical therapy clinics, hospitals,...

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